varriable = 1

if (varriable >= 1) and (varriable <=100) :

 print("Number is in range!")

while (True) :

 inRange = (varriable >=1) and (varriable <= 100)

 print("Count is",varriable)

 if (varriable >=100) :

   break

 else :

   varriable = varriable + 1